

## **2017 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL**

23 coaches voted in this weeks poll

Date: September 27, 2017

### **Class B Girls:**

#### Teams

- 1 Hillsboro/Central Valley
- 2 Rugby
- 3 Southern McLean
- 4 Bowman County
- 5 Sargent Central/Lidgerwood

#### Individuals

- 1 Elise Ramberg (Langdon Area)
- 2 Dreah Frolek (Sargent Central/Lidgerwood)
- 3 Amanda Jarrett (Carrington)
- 4 Jensyn Zink (Hillsboro/Central Valley)
- 5 Kayla Ogle (Watford City)

- 6 Reagan Baesler (Hillsboro/Central Valley)
- 7 Jakkia Duffy (LaMoure)
- 8 Drew Frolek (Sargent Central/Lidgerwood)
- 9 Quinn Neppel (Rugby)
- 10 Grace Bachmeier (Surrey)

Other teams receiving votes: Lisbon

### **Class B Boys:**

#### Teams

- 1 New Town
- 2 Hillsboro/Central Valley
- 3 Rugby
- 4 Hatton/Northwood/Thompson
- 5 Pembina County North

#### Individuals

- 1 Jalen Chase (New Town)
- 2 Isaac Huber (Edgeley)
- 3 Jaiven Hale (New Town)
- 4 Robert White (New Town)
- 5 Payton Smith (Carrington)

- 6 Coltan Hyttinen (Southern McLean)
- 7 Daniel LeBeau (New Town)
- 8 Ricardo Chase (New Town)
- 9 Riley Zachmeier (Rugby)
- 10 Colby Antell (New Town)

Other teams receiving votes: Bowman County

### **Class A Girls:**

#### Teams

- 1 Grand Forks Central
- 2 Fargo Davies
- 3 West Fargo
- 4 Minot
- 5 Bismarck

#### Individuals

- 1 Kelby Rinas (Mandan)
- 2 Emily Goldade (Bismarck Century)
- 3 Rachel Torrey (Grand Forks Central)
- 4 Alexis Roehl (Grand Forks Central)
- 5 Mattie Shirley-Fairbairn (Bismarck)

- 6 Mikayla Wiess (Grand Forks Central)
- 7 Lindsey Werner (Bismarck Legacy)
- 8 Eleni Lovgren (Williston)
- 9 Callie Clausnitzer (Bismarck)
- 10 Megan Lundstrom (Fargo Davies)

Other teams receiving votes: Bismarck Century

### **Class A Boys:**

#### Teams

- 1 Bismarck Legacy
- 2 Bismarck Century
- 3 Williston
- 4 Bismarck
- 5 Grand Forks Red River

#### Individuals

- 1 Evan Sayler (Bismarck Century)
- 2 Alex Luz (Fargo North)
- 3 Micade Shumway (Williston)
- 4 Beau Brannan (Bismarck Legacy)
- 5 Sean Korsmo (Bismarck)

- 6 Morgan Fairbairn (Bismarck)
- 7 Brady Yoder (Dickinson)
- 8 Austin Wald (Bismarck Century)
- 9 Hussein Muquinn (Fargo South)
- 10 Isaiah Germolus (Bismarck Legacy)

Other teams receiving votes: